



Vbeam® POST TREATMENT INFORMATION

What to expect after treatment?

Vbeam® treatment can produce side effects. The intensity and duration of your side effects depends on the treatment aggressiveness and your individual healing characteristics. Generally, patients who are treated more aggressively experience more intense and longer lasting side effects; however some patients who receive less aggressive treatment may experience side effects greater than expected and these may include.

Common/expected side effects:

- Temporary discomfort
- Redness / sun burn feeling for a few hours
- Swelling 3 - 5 days
- Itching

Rare side effects:

- Pigmentation changes
- Blistering and crusting
- Scarring
- Possible flare up of cold sores

There are a couple of things you can do to decrease the swelling / bruising after your treatment:

- Use ice or cold compress for the first 24 hours after procedure for comfort if necessary
- The night of your treatment sleep as up right as possible, resting your head on 2 pillows to reduce swelling
- Any discomfort you may have (usually not lasting more than a few hours, if any) can be relieved with paracetamol (Panadol).

Things to avoid

- Do not rub, or pick at the treated area if bruising/red discoloration (purpura) is present.
- Avoid swimming, Heat based activities for 5 days
- Avoid exposure to the sun where possible and use a minimum of SPF 50+ sunblock daily to protect treated area
- Do not use Retin-A or any other active products for 7 days.

Skin Care Post Treatment

Treat the skin gently for the first 7 days after your treatment. Use gentle cleanser and moisturiser as needed.

Document ID	Version	Pages
CSS-C-PI-002	v1 06.08.19	1