



POST Roaccutane® SKIN CARE AND TREATMENT PLAN

Now that your skin is looking and feeling amazing after months of Roaccutane® treatment it's very important to maintain healthy skin with a prescribed skin care routine.

We recommend you see one of the skin care experts at our Cosmetic and Laser clinic who offer tailored skin care advice and treatment plans for preventing breakouts and to help reduce acne scarring.

Skin Care Post Roaccutane®

- Some of the products we highly recommend belong to RATIONALE's Catalyst range. This is a great way to brighten your skin post- Roaccutane® and maintain the skin's pH balance.
- RATIONALE's Immunologist range can restore the skin's barrier function and prevent the return of oily skin. It can also help with redness and pigmentation.
- We also recommend the LA ROCHE-POSAY skin care range and we will often select products from each range to give you the best skin care for your particular skin.

Skin Care while taking Roaccutane®

- Your skin will become much drier and more sensitive than before you started Roaccutane® so you will need to start using a gentle moisturising skin care, including sunscreen every day
- We also recommend you stop all active skin care with vitamin A or AHA's or exfoliants that may irritate your skin
- Use gentle soap free wash - Cetaphil, QV Face, DermaVeen, CeraVe or LA ROCH-POSAY for sensitive skin
- Use lip balm or Paw Paw ointment very regularly throughout the day (hydrocortisone ointment from the chemist can safely if the lips become dry cracked and sore consult today

Treatments Post Roaccutane®

- RATIONALE Enzyme Reactivation Treatments can target your localised skin concerns; for example it's possible to have oily and dry skin at the same time. These treatments can also help reduce the appearance of mild acne scarring, redness and pigmentation.
- Secret RF Micro-Needling is the ideal treatment for moderate acne scarring, tightening and rejuvenation.
- CO2 Laser is a more aggressive treatment for severe acne scarring.
- Filler can be used for some scars that need volume.

For more information please call our clinic on 9740 2409 or ask our reception staff for more information.

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