



## **GentleMax Pro™ SKIN TIGHTENING POST TREATMENT INFORMATION**

### **After the treatment**

- The need for post treatment care is minimal
- Nearly all patients can resume normal activities immediately
- Avoid swimming, contact sports and hot tubs for the next week
- Avoid sun exposure, use sunscreen 50+ on face after treatment

### **In the first 24hrs**

- A mild deep heating sensation may be experienced after the treatment but typically resolves in 2 hours
- There is no need for cool packs
- Transient mild redness and swelling may occur with spontaneous resolution within 24 - 48hours
- Do not scratch, pick, pull, abrade or exfoliate the skin post treatment

### **Post treatment**

- Do not use any skin care products with active ingredients for 2-3 days post treatment.
- Products such as Retin A, RATIONALE skin refining serum or the DNA night cream may irritate the skin post treatment
- You may resume RATIONALE skin care once the skin feels normal
- Remember clinical improvement can take multiple treatments and weeks to months to realise

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