



## **GentleMax Pro™ PIGMENTATION POST TREATMENT INFORMATION**

Rejuvenation treatment for pigmentation can produce side effects. The intensity and duration of your side effects depends on the treatment aggressiveness and your individual healing characteristics. Generally, patients who are treated more aggressively experience more intense and longer lasting side effects; however, some patients who receive less aggressive treatment may experience side effects greater than expected and these may include;

- Itching
- Temporary pain
- Redness / sun burn feeling
- Darkening of Pigmentation for up to 2 weeks
- Swelling 3-5 days
- Blistering and crusting (Rare)
- Pigment changes
- Scarring (Rare)
- Possible flare up of cold sores

### **How should I care for my skin after Laser Rejuvenation?**

**There are a couple of things you can do to decrease the Redness / sunburn feeling after your treatment:**

- Use ice or cold compress for the first 24hrs after procedure for comfort if necessary
- Use LA ROCHE-POSAY Dermo Cleanser and Toleriane Ultra Moisturiser to sooth and nourish the skin
- Any discomfort you may have (usually not lasting more than a few hours, if any) can be relieved with paracetamol (Panadol).

You will notice that the pigmentation is immediately darker post treatment, this will increase over the next day or so. Over the next 7-10 days the dark areas of pigment will peel off. It is very important not to encourage the peeling and allow the healing process to happen naturally. Moisturising regularly will help the skin heal without getting too dry.

### **Things to avoid**

- Do not rub, or prick at the treated area
- Avoid swimming, Heat activity's for 5 days
- Avoid exposure to the sun. If sun exposure is expected, apply an SPF 50+ sunblock to prevent pigmentation changes for the next 3 months.

### **Care of the Treated Area**

Treat the skin gently for the first 7 days after your treatment No scrubs or abrasive material should be used over the time, Use gentle cleanser and moisturiser as needed, Vaseline or Paw-Paw Ointment can be used on pigmentation to protect them from peeling off to early Do not use Retin A or any other harsh products for 7 days.

Document ID	Version	Pages
CSS-C-PI-015	v1 07.08.19	1