



FRACTIONAL RADIO FREQUENCY (RF) POST TREATMENT INFORMATION

What to expect after treatment?

Fractional Radio Frequency (RF) treatment can produce side effects. The intensity and duration of your side effects depends on the treatment aggressiveness and your individual healing characteristics.

Generally, patients who are treated more aggressively experience more intense and longer lasting side effects; however some patients who receive less aggressive treatment may experience side effects greater than expected and these may include;

Common/expected side effects:

- Temporary discomfort
- Redness / swelling 24-48 hours
- Microcrusting can last up to 1 week
- Itching

Rare side effects:

- Pigmentation changes
- Blistering and crusting
- Scarring
- Possible flare up of cold sores

There are a couple of things you can do to decrease the swelling / bruising after your treatment:

- Use ice or cold compress for the first 24hrs after procedure for comfort if necessary

Things to avoid

- Do not rub, or pick at the treated area.
- Avoid swimming, Heat based activities for 5 days
- Avoid exposure to the sun where possible and use a minimum of SPF 50+ sunblock daily to protect treated area.

Skin Care Post Treatment

Treat the skin gently for the first 7 days after your treatment. Use gentle cleanser and moisturiser as needed. Do not use Retin A or any other active products for 7 days.

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