



FRAXIS® CO2 POST TREATMENT INFORMATION

FRAXIS® CO2 treatment can produce side effects. The intensity and duration of your side effects depends on the treatment aggressiveness and your individual healing characteristics. Generally, patients who are treated more aggressively experience more intense and longer lasting side effects; however some patients who receive less aggressive treatment may experience side effects greater than expected and these may include;

- Itching
- Temporary pain
- Redness / sun burn feeling
- Swelling 3-5 days
- Micro crusting / fractional spots
- Peeling
- Possible flare up of cold sores
- Prolonged redness
- Post inflammatory hyperpigmentation (In darker skin types)
- Hypopigmentation (Rare)

Things to avoid

- Do not rub, or prick at the treated area if darkening of pigment or discoloration is present.
- Avoid swimming, Heat activities for 5 – 10 days
- Avoid exposure to the sun. If sun exposure is expected, apply an SPF 50+ sunblock to prevent pigmentation changes for the next 3 months.

How should I care for my skin after FRAXIS®?

Day 1

After your treatment the doctor will apply after care ointment which you need to leave on for the rest of the day. You may use ice for comfort and Panadol if needed. You may experience pinpoint bleeding. You may gently wipe this away using saline and gauze which is provided in your pack. The night of your treatment sleep as upright as possible resting your head on 2 pillows to reduce swelling

Day 2

The treated area may be swollen which can be reduced with ice packs. The skin will have tiny black dots all-over the demarcation line on the jaw will be visible and the colour of the skin will start to darken. Gently cleanse with sterile normal saline and apply ointment provided in your pack. Remember not to use any active ingredients or make up. The skin will become slightly itchy. Antihistamines may help

Day 3

The skin will look darker and feel rough and dry. The dots will be more pronounced and visible. The skin will feel Itchy. Gently cleanse with sterile normal saline and apply ointment provided in your pack. Remember not to use any active ingredients or make up.

Day 4 & 5

Peeling may begin. Start gentle skin care moisturising as often as needed (QV Face or Cetaphil) Remember not to use any active ingredients or make up.

Day 6

The peeling is almost stopped and most of the dots have gone. Continue with gentle skin care until the skin feels back to normal once your skin feels back to normal you may start your ongoing skin care and make up. Remember to use SPF 50+ sun protection.

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