



## LASER HAIR REMOVAL POST TREATMENT INFORMATION

### What to expect after the treatment?

- After the treatment, the area may be red and some swelling around the hair follicles may occur, this should settle by the following day. If these symptoms last longer than 48 hours or are getting worse, please contact the clinic on 9740-2409.
- Keep the area cool by applying cool packs and/or aloe Vera as needed.
- If the treated area becomes itchy, take an anti-histamine from the chemist (eg. Telfast, Claratyne, Zyrtec). If this happens please make the dermal therapist/nurse aware of this at your next visit.
- Avoid active ingredients on the treated area for 48 hours after treatment or until skin is back to normal. Use gentle products post treatment and avoid deodorant if you are sensitive to it.
- Any unexpected changes in the skins texture or colour please contact the clinic.
- Make sure you limit sun exposure or are well protected following your treatment by either keeping the treatment area covered or wearing a SPF50+ sunscreen and reapplying as needed.

### For patients having Nd:YAG hair removal treatment

- After the treatment ice the treated area for 30minutes to keep the skin cool. Your treating dermal therapist/nurse will provide you with ice after your treatment.

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